

Canadian College of Acupuncture & Traditional Chinese Medicine

Three Year Acupuncture Diploma Program

THREE-YEAR PROGRAM (2220 hours / 148 credits in total)

FIRST YEAR (735 hrs / 49 credits)

- 100 FOUNDATION OF TRADITIONAL CHINESE MEDICINE(TCM) (1)
Hrs 90 / Credits 6**
1. The basic concepts and application in TCM of Yin-Yang, five element theory
 2. Causes of diseases in TCM: external and internal
 3. Pathological changes in TCM and the six meridians
 4. The principle of treatment in TCM
 5. Basic theory in acupuncture meridians
- 101 DIAGNOSTICS OF TRADITIONAL CHINESE MEDICINE(TCM)
Hrs 90 / Credits 6**
1. Four methods of diagnosis: observation, listening, smelling, interrogation, palpitation
 2. Diagnosis by Ba Gan Bian Zheng (8 principle syndromes diagnosis), Organs, Qi and Blood, 4 levels, 6 meridians.
- 102 ACUPRESSURE (Life-Care Acupuncture) A,B
(MERIDIAN SYSTEM AND ACUPUNCTURE POINTS USING IN PRACTICE --
ACUPRESSURE)
Hrs 90 / Credits 6**
1. Involves learning the location of the meridians and the acupuncture points and the techniques and treatment combinations
 2. Using acupressure for relaxation, treating pain conditions, enhancing immunity
 3. Cupping Therapy
 4. Basic reflexology
- 103 ACUPUNCTURE THEORY (1)
(MERIDIAN SYSTEM AND ACUPUNCTURE POINTS)
Hrs 90 / Credits 6**
1. The distribution and functions of meridians
 2. Clinical applications of meridians in diagnosis and treatment
 3. Classification, location, indication and functions of acupuncture points
 4. Electro-Acupuncture.& Electro No Needle Acupuncture(1)
- 104 WESTERN ANATOMY, PHYSIOLOGY & PATHOLOGY(1)
Hrs 60 / Credits 4**
1. Gross surface and functional anatomy and neuro-anatomy in detail
 2. The functional anatomy of bones, joints, muscles, vessels, and nerves in an integrated way, using a regional approach

- 105 HISTORY AND TERMINOLOGY OF TCM**
Hrs 45 / Credits 3
1. Brief introduction of TCM history
 2. Pin yin in the Chinese language
- 106 FOUNDATION OF TRADITIONAL CHINESE MEDICINE(TCM) (2)**
45 / Credits 3
1. Chinese Acupressure, Massage, Moxa and Ginger compress for self-care
 2. Simple ways for calming the mind, meditation and mindfulness in TCM
 3. Basic herbal remedies
 4. Basic knowledge of clinical management
 5. Theory of internal Zhang-Fu organs.
- 107 COMMUNICATION SKILLS, ETHICS, MEDICAL, LEGAL ISSUES AND ACUPUNCTURE REGULATION**
Hrs 45 / Credits 3
1. Behaviour of listening, counseling, explaining and teaching
 2. Working with terminal illness, chronic illness and substance abuse
 3. Record keeping, legal requirements, release of patient information
 4. Understanding laws & regulations governing the practice of TCM and Acupuncture in Canada
 5. Professional liability insurance
 6. Office & Clinic requirement, used needle disposal
- 108 ACUPUNCTURE THEORY (2)**
Hrs 90 / Credits 6
1. Location, indications and functions of commonly used extraordinary points
 2. Indications, functions and combinations of specific points
 3. Point prescription, principles and methods of combination of points
- 109 TUI NA (Chinese Therapeutic Massage)**
Hrs 45 / Credits 3
1. Commonly-used Tui Na manipulations
 2. Practicing Chinese Tui Na and performing different manipulations while learning treatment of common diseases
- 123 A. ADVANCED STUDY - ACUPUNCTURE/ACUPRESSURE RESEARCH PROJECT**
Hrs 45/ Credits 3
Students are required to complete one research project related to acupuncture or acupressure, to apply their learning. Project will be done offsite and will not be counted as classroom hou

SECOND YEAR
(735 hrs / 49 credits)

- 200 PATHOLOGY/PHARMACOLOGY OF WESTERN MEDICINE**
Hrs 45 / Credits 3
 Basic knowledge of pathology or pharmacology of Western medicine

- 201 HERBOLOGY AND FORMULA OF TRADITIONAL CHINESE MEDICINE (TCM NUTRITION, ZHONG YAO AND FUN JI)**
Hrs 90 / Credits 6
 1. General introduction to Chinese herbology
 2. Introduction to individual herbs, including their nature, taste, actions and indications. In this course, approximately 300 of the most frequently used herbs will be discussed in detail.
 3. Detailed introduction to approximately 200 of the most frequently used herbal formulas, including their names in Pin yin (Chinese), natures, functions, indications and modifications.
- 202 INTRODUCTION TO TRADITIONAL CHINESE MEDICINE (TCM) CLASSICS**
Hrs 30 / Credits 2
 Brief introduction to main contents of Nei Jing, Shan Han Lun, Jing Gui Yao Nue and Wen Bing
- 203 EQUIPMENT SAFETY & CLEAN NEEDLE TECHNIQUES (ACUPUNCTURE SAFETY COURSE)**
Hrs 15 / Credits 1
 Introduction to clinical equipment, Clean needle techniques
- 204 WESTERN ANATOMY, PHYSIOLOGY & PATHOLOGY (2)**
Hrs 60 / Credits 4
 1. Basic theory, principle and applications underlying human physiology in Western medicine
 2. How disease occurs and how it is treated in terms of physiology
- 205 ACUPUNCTURE TECHNIQUES**
Hrs 90 / Credits 6
 1. Manipulations of needles,
 2. Auricular acupuncture,
 3. Scalp Acupuncture, Three Edge and Seven Star Needle acupuncture
 4. Cupping and Moxibustion, Electric Acupuncture, etc.(2)
- 206 CLINICAL BASIS OF WESTERN MEDICINE (WESTERN DIAGNOSIS, MICROBIOLOGY, IMMUNOLOGY, BIOCHEMISTRY)**
Hrs 90 / Credits 6
 1. Brief introduction to basic theory of medical microbiology & immunology
 2. The commonly-used clinical diagnostic methods of Western medicine, including checking blood pressure, body temperature, heart beat, as well as normal indexes of regular blood tests and some blood test for special diseases such as hepatitis, diabetes, and some immune diseases
 3. Commonly-seen clinical symptoms and signs
- 207 QI GONG, TAI JI & LIFESTYLE**
Hrs 45 / Credits 3
 1. Basic traditional Chinese Qi Gong and Tai Ji theory
 2. Basic exercise of traditional Chinese Qi Gong and Tai Ji
- 208 ACUPUNCTURE TREATMENT (a): INTERNAL MEDICINE**
Hrs 45 / Credits 3
 1. Introduction to acupuncture treatment of about 35 internal diseases named with TCM and 20 internal diseases named according Western medicine, in detail
- 209 ACUPUNCTURE TREATMENT (b): GYNECOLOGY & PEDIATRIC DISEASES**
Hrs 45 / Credits 3
 1. Introduction to acupuncture treatment of the following of women's diseases: Diseases of

- menses, leukorrhea, pregnancy, Postpartum diseases
2. Introduction to acupuncture treatment of commonly seen pediatric diseases
- 210 ACUPUNCTURE TREATMENT (c): TRAUMATIC INJURY, FIVE SENSE 2ORGAN DISEASES & SKIN DISEASES**
Hrs 45 / Credits 3
1. Introduction to acupuncture treatment of the commonly see traumatic injury, including sports trauma and treatment of commonly seen skin diseases
 2. Introduction to acupuncture treatment of commonly seen five sense organs diseases
- 211 OTHER ORIENTAL ACUPUNCTURE METHODS**
Hrs 45 / Credits 3
1. Brief introduction to Japanese acupuncture
 2. Brief introduction to Korea acupuncture--- Five Element Acupuncture
 3. Three needle techniques
- 212 TREATMENT PRINCIPLES AND METHODS**
Hrs 30 / Credits 2
1. Treatment protocol based on differentiation of syndromes
 2. Tonifying and reducing according to Five Element theory and Meridian theory
- 213 PRACTICE MANAGEMENT AND MARKETING, PROFESSIONAL ENTRY REQUIREMENTS, CAREER PLANNING**
Hrs 15 / Credits 1
1. Establishes proper business methods and forms
 2. Reviews ethics and marketing strategies
- 123 B. ADVANCED STUDY - ACUPUNCTURE/ACUPRESSURE RESEARCH PROJECT**
Hrs 45/ Credits 3
Students are required to complete one research project related to acupuncture or acupressure, to apply their learning. Project will be done offsite and will not be counted as classroom hours.

THIRD YEAR
(750 hrs / 50 credits)

- 301 PRACTICE OF DIAGNOSTICS OF TRADITIONAL CHINESE MEDICINE(TCM)**
Hrs 30 / Credits 2
1. Practical application of diagnostic practices used on patients in clinic
- 302 ACUPUNCTURE CLINICAL TRAINING**
Hrs 60 / Credits 4
1. Observation of clinical procedures and acupuncture
 2. Locate acupuncture points and practice acupressure on each other
- 303 POINT LOCATION PRACTICE /ACUPRESSURE**
Hrs 60 / Credits 4
1. Practice to locate acupuncture points and perform acupressure
- 304 CLINICAL PRACTICE(A,B, C) (CLINICAL OBSERVATION AND INTERNSHIP**
Hrs 135 / Credits 9
1. Treating patients with acupressure massage and cupping therapy

2. Gain the knowledge and ability to treat stress, anxiety, depression and pain conditions, and enhance immunity with acupressure massage and cupping therapy

305 DIAGNOSIS / CLINICAL CASE STUDY

Hrs 45 / Credits 3

1. Reporting, discussing and analyzing complicated cases
2. Gain knowledge and ability in diagnosis and treatment of complicated syndromes or disease

306 CLINICAL PRACTICE/INTERNSHIP (a, b, c, d, e)

Hrs 330 / Credits 22

1. Treating patients with acupuncture, moxibustion and massage
2. Gain the knowledge and ability to treat common diseases with acupuncture, moxibustion and Tui Na massage
3. Discussing clinical cases with supervisor

123 C.D. ADVANCED STUDY - HERBOLOGY & TCM RESEARCH PROJECTS

Hrs 90 / Credits 6

Students are required to complete one research project related to herbology and TCM, to apply their learning. Project will be done offsite and will not be counted as classroom hours.

Three-Year Intensive Acupuncture Program Yearly Hours & Total

- Year One: 735 hours academic and practical courses
- Year Two: 735 hours academic and practical courses
- Year Three: 750 hours clinical training
Years one and two each include 45 hours of independent advanced study research projects in acupuncture/acupressure. Year three includes 90 hours of independent advanced study research projects in herbology and TCM.
- TOTAL PROGRAM HOURS = 2220

THREE-YEAR ACUPUNCTURE PROGRAM
(2220 hours / 148 credits in total)

First Year Course Duration
(735 hrs / 49 credits)

Code	Course Name	Hours	Credits
100	FOUNDATION OF TRADITIONAL CHINESE MEDICINE (TCM) (1)	90	6
101	DIAGNOSTICS OF TRADITIONAL CHINESE MEDICINE (TCM)	90	6
102	ACUPRESSURE (Life-Care Acupuncture) A,B (MERIDIAN SYSTEM AND ACUPUNCTURE POINTS USING IN PRACTICE --ACUPRESSURE)	90	6
103	ACUPUNCTURE THEORY (1) (MERIDIAN SYSTEM AND ACUPUNCTURE POINTS)	90	6
104	WESTERN ANATOMY, PHYSIOLOGY & PATHOLOGY (1)	60	4
105	HISTORY AND TERMINOLOGY OF TRADITIONAL CHINESE MEDICINE (TCM)	45	3
106	FOUNDATION OF TRADITIONAL CHINESE MEDICINE (TCM) (2)	45	3
107	COMMUNICATION SKILLS, ETHICS, MEDICAL, LEGAL ISSUES AND ACUPUNCTURE REGULATION	45	3
108	ACUPUNCTURE THEORY (2)	90	6
109	TUI NA (Chinese Therapeutic Massage)	45	3
	SUBTOTAL CLASSROOM AND PRACTICAL:	690	46
123 A.	<i>ADVANCED STUDY - ACUPUNCTURE/ACUPRESSURE RESEARCH PROJECT (OFFSITE)</i>	45	3
	TOTAL:	735	49

Second Year Course Duration
(735 hrs / 49 credits)

Code	Course Name	Hours	Credits
200	PATHOLOGY/PHARMACOLOGY OF WESTERN MEDICINE	45	3
201	HERBOLOGY AND FORMULA OF TRADITIONAL CHINESE MEDICINE (TCM NUTRITION, ZHONG YAO AND FUN JI)	90	6
202	INTRODUCTION TO TRADITIONAL CHINESE MEDICINE (TCM) CLASSICS	30	2
203	EQUIPMENT SAFETY & CLEAN NEEDLE TECHNIQUES (ACUPUNCTURE SAFETY COURSE)	15	1
204	WESTERN ANATOMY, PHYSIOLOGY & PATHOLOGY (2)	60	4
205	ACUPUNCTURE TECHNIQUES	90	6
206	CLINICAL BASIS OF WESTERN MEDICINE (WESTERN DIAGNOSIS, MICROBIOLOGY, IMMUNOLOGY, BIOCHEMISTRY)	90	6
207	QI GONG , TAI JI & LIFESTYLE	45	3
208	ACUPUNCTURE TREATMENT (a): INTERNAL MEDICINE	45	3
209	ACUPUNCTURE TREATMENT(b): GYNECOLOGY & PEDIATRIC DISEASES	45	3
210	ACUPUNCTURE TREATMENT (c) : TRAUMATIC INJURY, FIVE SENSE ORGAN DISEASES & SKIN DISEASES	45	3
211	OTHER ORIENTAL ACUPUNCTURE METHODS	45	3
212	TREATMENT PRINCIPLES AND METHODS	30	2
213	PRACTICE MANAGEMENT AND MARKETING, PROFESSIONAL ENTRY REQUIREMENT & CAREER PLANNING	15	1
	SUBTOTAL CLASSROOM AND PRACTICAL:	690	46
123 B.	<i>ADVANCED STUDY - ACUPUNCTURE/ACUPRESSURE RESEARCH</i>	45	3

	<i>PROJECT (OFFSITE)</i>		
	TOTAL:	735	49

Third Year Course Duration

(750 hrs / 50 credits)

Code	Course Name	Hours	Credits
301	PRACTICE OF DIAGNOSTICS OF TCM	30	2
302	ACUPUNCTURE CLINICAL TRAINING	60	4
303	POINT LOCATION PRACTICE/ACUPRESSURE	60	4
304	CLINICAL PRACTICE (1)	135	9
305	DIAGNOSIS STUDY ON CLINICAL CASE	45	3
306	CLINICAL PRACTICE (2) / INTERNSHIP	330	22
	SUBTOTAL CLINICAL PRACTICE:	660	44
123 C.D.	<i>ADVANCED STUDY - HERBOLOGY & TCM RESEARCH PROJECTS (OFFSITE)</i>	90	6
	TOTAL:	750	50

